



International Society for Psychological
and Social Approaches to Psychosis

Compassion in Psychosis Conference

Conference Program Saturday 24th March 2018 Brisbane, Queensland

**Venue: Conference & Education Centre,
Royal Brisbane and Women's Hospital, Herston**

Time	Activity
8:30	Registration
8:50	<ul style="list-style-type: none"> First Bell – to be seated
9:00	Formal proceedings commence.
	<ul style="list-style-type: none"> Master of Ceremonies - Welcome and Housekeeping ISPS Chair welcome and official opening
9:10 – 10:05	<ul style="list-style-type: none"> Keynote Presentation: Eleanor Longden and Charlie Heriot-Maitland
10:06	<ul style="list-style-type: none"> Short Keynote: Facilitating trauma informed and recovery oriented approaches in psychosis in the public system: Matt Ball
10:30	Morning Tea
10:40	<ul style="list-style-type: none"> 5-minute bell reminder that presentations are to commence Speakers to session rooms to set up
10:45	Breakout Sessions Commence
	<div style="display: flex; justify-content: space-between;"> <div style="width: 45%; background-color: #e0ffe0; padding: 5px;"> <p>Room 1:</p> <p>Session Theme: Compassion Focused Therapy</p> <ol style="list-style-type: none"> Do fears of compassion impact mental health: Meta-analytic findings James Kirby Self-compassion and traumatic shame Stan Steindahl </div> <div style="width: 45%; background-color: #e0ffe0; padding: 5px;"> <p>Room 2:</p> <ol style="list-style-type: none"> Lived experience practice as an organisational philosophy and approach Eschleigh Balzamo Self-compassion: A powerful tool for wellbeing recovery Lyn Mahboub Wrestling with psychosis: How do people innovate in the midst of crisis Laura Cox </div> </div>
12:15	Lunch

12:55	<ul style="list-style-type: none"> 5-minute bell reminder that presentations are to commence 	
12:55	<ul style="list-style-type: none"> Speakers to session rooms to set up 	
	Breakout Sessions Resume	
	Room 1: <ol style="list-style-type: none"> I. <i>This presentation explores how compassion helped me to re-build my life after a devastating episode of psychosis</i> Bridget Doherty II. <i>Compassionate spirituality within the psychotic experience: navigating my way through five breakdowns</i> Kate Brinly III. <i>Spiritual emergence</i> Gini Witt 	Room 2: Workshop <i>An introduction to compassionate listening through Peer Supported Open Dialogue</i> Mary Brindley, Helena Roennfeldt, Cherie McGregor, Colleen Ryan, Jen Mulvogue & Amanda Waegeli
2:30	Afternoon tea	
2:40	<ul style="list-style-type: none"> 5-minute bell reminder that presentations are to commence Speakers to session rooms to set up 	
2:45	Breakout Sessions Resume	
	Room 1: Workshop <i>A compassionate approach to health care through values based practice</i> Wendy Hawksworth	Room 2: Workshop <i>Buddhist insight, mindful compassion and befriending voices</i> Malcolm Huxter
4:05	Room transition	
4:10	Final Keynote Presentation: Debra Lampshire	
4:35	<ul style="list-style-type: none"> Panel Session: <i>Implementing learnings from the conference in the workplace with compassion and self-compassion</i> 	
4:55	Official Close	
	<ul style="list-style-type: none"> ISPS Chair closes Conference 	
5 pm	Close	